

SUMMARY OF ACTIVITIES: April 2012 - March 2013

MESSAGE FROM CCHSA DIRECTOR



Dr. Niels Koehncke, MD FRCPC, Acting Director, Canadian Centre for Health and Safety in Agriculture

It is my pleasure to provide an introduction to this year's annual report. I have been a member of CCHSA for over 12 years and have recently started service as Acting Director for the Centre. I am a physician by training and my practice is Occupational Medicine, and I have a passion for occupational health and safety. It is a privilege to serve as Acting Director for CCHSA, a role made so much easier by the tremendous support and dedication of faculty and staff at the Centre.

Another successful year of Network activity has passed. I can not say enough about the dedication and commitment of our Network staff. They have worked hard to continually deliver the many important resources and materials to farm families across the Province through our newsletter, workshops and clinics throughout the year. Please note they not only deliver these materials, but in most cases create them as well. These resources are valued across Saskatchewan and outside the Province – a case in point being Manitoba recently adapting our successful "Sleepless in Saskatchewan" workshop and resource booklet for their Province.

This year 2013 is the 25th anniversary of the Agricultural Health and Safety Network. This is a tremendous milestone. The Network began in 1988 with six RMs and has now grown to over 200, and continues to grow. This is a remarkable achievement considering the challenges of delivering health and safety programs and services across such a large Province to so many Rural Municipalities. This is a strong testament to the dedication, passion and commitment of our staff that have worked tirelessly to promote and deliver Network services throughout the Province. It is also a testament to the commitment of each of the Rural Municipalities and to the continued and persistent support of SARM and the Ministry of Agriculture to the success of the Network.

Growth comes with challenges, and the Network is busy making plans to meet those challenges, including increasing capacity for clinic and workshop delivery across the Province to member RMs. This year, the Network, together with CCHSA, will move to its new home in the new Academic Health Sciences Building on the University of Saskatchewan campus. This is an exciting time for the Network and the new location will provide much needed space and resources to better deliver health and safety programming to Saskatchewan farmers and their families.

Please join me in congratulating the Network on its 25th Anniversary. I can't wait to see what the next 25 years will bring,



The Agricultural Health and Safety Network

History

The Canadian Centre for Health and Safety in Agriculture (CCHSA) partnered with the Saskatchewan Association of Rural Municipalities (SARM) and six Rural Municipalities in 1988 to found the Agricultural Health and Safety Network with the mission "to improve health and safety on the farm through education, service, and evaluation research." In 2013 the Network is celebrating its 25th Anniversary. The Network now provides occupational health and safety services to 207 RMs that are members of the Network. The Network continues to grow with a list of over 29,000 farm families. This steady increase attests to the viability and success of an agricultural health and safety program that is unique to Saskatchewan and Canada.

CCHSA Research and the Network

CCHSA was founded in 1987 and celebrated its 25th Anniversary in 2011. The Network began shortly thereafter when research indicated that respiratory hazards on the farm needed to be addressed. Research continues to guide the Network's focus on various safety concerns. CCHSA's extensive research on the respiratory effects of exposures for the Saskatchewan farmers impacts the Network's outreach program regarding respiratory safety and hazards. Recent research findings at CCHSA also illustrate that farm families are at risk for the following reasons:

- Long work hours and fatigue
- The physical environment
- The aging process puts older farmers at a higher risk
- Children and teens are at a higher risk while parents cope with long work hours

The Network is CCHSA's avenue to provide resources and services that consider the above, and other related concerns to best serve Saskatchewan farm families. The Network's resources and services reflect the issues originating in current CCHSA research.

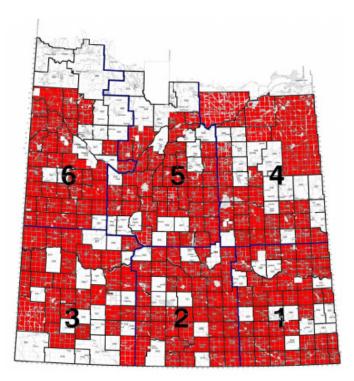
Membership & Recruitment

Current membership is 207 RMs. These RMs pay an annual fee of \$3.75 per active farm family to benefit from the Network resources and services. The maximum Network membership fee continues to be capped at \$1200 per RM. These partnerships act as the foundation of the Network and provide leverage to draw in additional resources to better serve Saskatchewan farmers, their families and their workers.

The Network sends out an annual recruitment package to non-member RMs, as well as visiting council meetings to encourage and promote membership as a valuable opportunity for the farm families in their community. RMs that are new to the Network or that are rejoining this year are as follows: Arborfield, Birch Hills, Garden River, Colonsay, Antler, Browning, Rocanville, and Sherwood Park.

Funding

The Network receives funding from RM fees, the Saskatchewan Ministry of Agriculture and other grants.





The Network team is comprised of CCHSA faculty and staff. These individuals spend all or a portion of their time on Network projects. Their various areas of expertise and experience ensure that the Network has a solid foundation to work with.

Niels Koenhcke	Acting Director, CCHSA, Associate Professor, Dept. of Medicine
Donna Rennie	Professor, College of Nursing, Network Faculty Advisor
Kendra Ulmer	Network Registered Nurse
Bonita Mechor	Network Program Coordinator
Anna-Marie Mechor	Network Administrative Assistant
Sueli de Freitas	Communications Coordinator
Louise Hagel	Saskatchewan Injury Surveillance
Lori Lockinger	Network Finances



The Steering Committee is an advisory group composed of RM councilors and a Saskatchewan Ministry of Agriculture representative. These committee members represent the voice of Saskatchewan farmers, their families and their workers to provide direction and feedback on programs delivered in the Network. Their support and input are invaluable to the Network. The members of the Steering Committee are as follows:

Division 1	Stanley Lainton	RM of Coalfields #4
Division 2	Duane Filson	RM of Wood River #74
Division 3	Floyd Thunstrom	RM of Coteau # 255
Division 4	Brenda Zemluk	RM of Elfros #307
Division 5	Eugene Matwishyn	RM of Prince Albert #461
Division 6	Gary Hoppe	RM of Glenside #377
Ministry of Agriculture	Rick Bjorge	

Partnerships

The Network works to develop community partnerships and relationships with local RMs and various organizations to increase awareness of farm health and safety. The Network also continues to partner with other organizations to increase the effectiveness of the program.

The Saskatchewan Alliance for Safety and Health in Agriculture (SASHA) is a provincial group that meets once a year to provide collaborative opportunities for the organizations that participate. It is an opportunity to work with other organizations that are also interested in farm safety, to prevent overlap of services and resources, and to best use our financial resources. CCHSA will continue to host these annual meetings to ensure that all provincial farm safety organizations have the opportunity to build strong partnerships with each other. The 2012 meeting was April 18th.



Network Mailing List

This list is updated twice a year before the mail out to be as accurate as possible, to prevent overlap, and to prevent unnecessary expenditure.

There are a significant number of people who still prefer paper copies of newsletters, resources, etc. We continue to provide farm families with this service as well as providing electronic access to resources

Network Newsletters

This resource is delivered twice a year and mailed to Saskatchewan farm families that are enrolled in the Network by their RM. Currently over 29,000 farm families receive this farm safety newsletter that includes current agriculture issues, scholarship information, farm safety articles and tips and contact information.

Spring issue 2012:



This issue celebrated CCH-SA's rural research and the special connection between the Network and CCHSA's research. It highlighted the Saskatchewan Farm Injury Project findings and how the Network develops resources and activities supporting these findings.

Winter issue 2012:

This issue announced the Network's upcoming anniversary year and celebratory scholarships. It discussed rural concerns such as the economic impacts of injuries on the farm, horse safety, contact dermatitis, and drinking water.



Other Publications

The Network provides health and safety articles for the following magazines and newsletters. This is a valuable opportunity to promote the Network and provide outreach beyond our membership. It gives nonmembers a chance to see what they are missing. The Network contributes an article to each Rural Councilor (SARM's publication with a readership of 2,000) as well as occasionally to the Farmers with Disabilities publication (5,000 readers).

Projects

Respiratory Safety DVD and Resource Project

CCHSA research recognizes that respiratory hazards on the farm are a major concern for the agricultural industry, and continues to focus at farming related health issues including respiratory disease, chemical and environmental exposure in the place. It seemed particularly fitting to

do a project regarding respiratory safety in CCHSA's 25th Anniversary year. This project was completed last year. Since then a copy has been sent out to each member RM accompanied by a poster. It has also been posted on our website to increase its value to as many people as possible. In addition, a request has been made by another organization to use it in their education and training sessions.



Farm Safety Walkabout

Breathe Easy:

DVD

work-



Thanks to \$10,000 funding from Farm Credit Canada the updated and reprinted Farm Safety Walkabout booklet will be developed into a "Train-the-Trainer" manual which inclues resources and activities. This will give farm families another tool to keep their families safe. It is suitable

to use with children, new workers, and workers where English is a second language. Twelve workshops are being offered throughout 2013.

Farm Safety Plan Workshops

The Farm Safety Plan workshop series was developed and piloted two years ago in partnership with CASA. The workshops have continued with funding from Farm Credit Canada until December, 2012. This three year project has resulted in a useful workshop which will continue to be offered.

Workshop & Presentations

Ratepayers' Suppers 2012

PLACE
Colonsay
Blaine Lake
Heart's Hill
Paynton

Women's Workshops				
June 14	Luseland			
October 25	Assinaboia			

Conference & Meetings

CASA Conference:

National Presentation of the Farm Safety Plan project in October 2012.

Committee Meeting: Safe Saskatchewan Strategy

Network staff attend these twice last year

Farm Safety Plan Worshops

DATE	PLACE
July 10	Blaine Lake
December 3	Benson
December 4	Halbrite

June SARM Division Meetings

DATE	PLACE
June 19	Division 3, Swift Current
June 20	Division 2, Moose Jaw
June 21	Division 1, Kipling
June 26	Division 4, Kelvington
June 27	Division 5, Saskatoon
June 28	Division 6, Battleford

Hearing & Respiratory Clinics

Respiratory Clinics are an educational and respiratory screening service provided to rural residents in the Network RMs. A registered nurse works with farmers and their families in their local community to increase awareness of health and safety risks associated with respiratory hazards on the farm, develop methods to reduce their exposure and show how they and their family physician can monitor the effects such hazards have on their respiratory health.

HEARING

CLINIC PARTICIPANTS WILL:

- 1. Complete a hearing health questionnaire
- 2. Participating in audiometric (hearing) testing.
- 3. Have personal copy and interpretation of test results for own record
- 4. If necessary referral for follow-up to their physician
- 5. Instruction will be given on proper use and care of hearing protection for the work place.

RESPIRATORY CLINIC PARTICIPANTS WILL:

- 1. Complete a respiratory health questionnaire
- 2. Measurement of height, weight, and blood pressure
- 3. Review appropriate respiratory personal protection
- 4. Perform a lung function (spirometry) test
- 5. Receive personalized health teaching
- 6. If necessary follow-up referral to their physician

Hearing Clinics are provided in a format similar to the Respiratory Clinic. Trained staff work with farmers and their families in their local community to increase awareness of noise hazards on the farm, develop methods to reduce their exposure to harmful noise and show how they and their physician can monitor the effects of hazardous noise on their hearing.

The Network works in co-operation with the RMs to advertise and encourage participation in the clinics.

RM Name/Location	RM #	RM Name/Location	RM #
Rosthern	403	Buckland/PA	461
Arborfield	456	Prince Albert	491
Ituna	246	Semans	279
Colonsay	342	Mankota	45
Govan	250	Glen McPherson	46
Saskatoon	344	Dundurn	314
White Fox	488	Prairie Rose/Lanigan	309
Wadena	337		

The following clinics have taken place or are planned to occur prior to April 2013

Partnership



Federated Co-operatives Limited joined with the Agricultural Health and Safety Network to present Respiratory Health Clinics in specific communities throughout 2013. This

pilot program recognizes the importance of safe farming practices for farmers and their families. This initiative seeks to further expand our partners in delivering agricultural health safety clinics.

The following Co-ops will host this pilot program in 2013:

- Lloydminster, AB/SK
- Melfort, SK
- Swift Current, SK
- Yorkton, SK
- Swan River, MB



SARM Scholarship

The Scholarship's History: In 1995, the Saskatchewan Association of Rural Municipalities (SARM) auctioned off the first copy of its history book "The Building of a Province: Commemorating the 90th Anniversary of the Saskatchewan Association of Rural Municipalities." This auction netted the sum of \$2,600 which the SARM Board of Directors contributed to the Canadian Centre for Health and Safety in Agriculture (CCHSA). These funds initiated the Saskatchewan Association of Rural municipalities 90th Anniversary \$1,000 Student Scholarship

in Agricultural Safety & Rural Health. The Founding Chairs Program at CCHSA maintains the scholarship.

This year, in celebration of the Agricultural Health and Safety Network's 25th Anniversary, three \$1500 scholarships were awarded to three grade 12 students who submitted the best essay on "Changes in Atitudes in Agricultural Safety through the Generations". They are:



(2012) Shane Wornath Engineering & Applied Science University of regina

"Safety is decided by man, every operation is only as safe as you make it"

(2012) Alexa McEwen Arts & Science University of Saskatchewan

"... we lull ourselves into a false sense of security, since our equipment seems to be much safer and we feel we are much more educated than those in the past"

(2012) Yvonne Sprangers Lakeland College

"There is no longer a belief that it is a sign of weakness to use the safety equipment offered to producers"

Scholarship Past Winners



(2011) Ty Kehrig RM of Bjorkdale #167. College of Agriculture and Bioresources at the University of Saskatchewan

(2010) Steven Tymiak. College of Arts and Science at the University of Regina

(2009) Courtney Cave RM of Eyebrow #193. College of Nursing at the University of Saskatchewan

(2008) *Kirsten Theaker* RM of Chesterfield # 261. College of Agriculture at the University of Saskatchewan

(2007) Kelsi Christopher RM of Coulee # 136. College of Arts and Science at the University of Saskatchewan

(2006) Brenna Dureault of the RM of Wolsely (#155). College of Agriculture at the University of Saskatchewan

(2005) Dayna Serblowski, Bruno, R.M. of Humboldt, #370. College of Agriculture, University of Saskatchewan



(2004) Joshua Hrynchyshyn from the R.M. of Buchanan, #304.

(2003) Rosalie Huges Turtleford, SK. R.M. of Mervin #499 Accepted to the College of Engineering, UofS

> (2002) Melissa Schachtel Macklin, SK. R.M. of Eyehill #382 Accepted at UofS

(2001) Iracy Gerspacker Watson, SK. R.M. of Spalding #368 Accepted to the College of Agriculture, UofS

(2000) Randy Linton Parry, SK. R.M. of Caledonia #99 Accepted into Physical Activities Studies at UofR

(1999) Darrel Montette Neville, SK. R.M. of Lac Pelletier #107 Accepted to the College of Agriculture, UofS

(1998) Dusty Mack Langenburg, SK. R.M. of Churchbridge #211 Accepted to the College of Arts & Sciences Program, UofS

> *(1997) Kimberly Staniec* Lanigan, SK. R.M. of LeRoy #339. Accepted to the college of Agriculture, UofS

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Electronic Education

Technology has made its way into the country side. However, many rural areas in Saskatchewan are still dealing with sketchy cell phone service and poor high speed internet. We are doing our best to serve all the areas.

Email: RMs receive periodic emails to keep them up to date with coming events, and opportunities that they may have through their Network membership.

If you would like to be on an email list to keep you connected to the Network throughout the year, please provide us with your email address.



Website: Our website provides all our resources electronically. We are building an online video collection. This year, the respiratory video resource was added. Our website continues to receive over 7,000 hits per month.

Telephone: The Network phones continue to be a resource for agricultural health and safety information even though we now receive many requests by email.



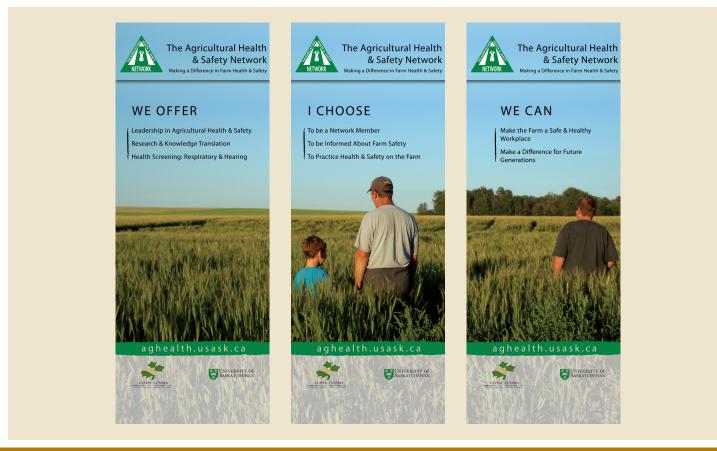
Facebook: Social media is a way for people to connect and be heard, as well as a new way to learn. The Network will link you to educational safety resources that are relative to your farming operation.

To address the numerous requests that we receive to increase our electronic opportunities, we have included a Facebook page. It is our goal to provide Saskatchewan farm families with current health and safety information at their fingertips.



Trade shows are a venue for promotion of the Network and awareness of current safety concerns and distribution of resources. The Network uses tradeshows throughout the year to connect with the general agricultural community to address a variety of topics. The Network had booths at the

annual Crop Production Show in Saskatoon from January 7-10, 2013, and the Cudworth Health Trade Show on June 13, 2012.



R.M. of Argyle No. 1

R.M. of Mt. Pleasant No. 2 R.M. of Enniskillen No. 3 R.M. of Coalfields No. 4 R.M. of Cstevan No. 5 R.M. of Cambria No. 6 R.M. of Souris Valley No. 7 R.M. of Lake Alma No. 8 R.M. of Surp. Valley No. 9 R.M. of Surp. Valley No. 9 R.M. of Hart Butte No. 11 R.M. of Storthoaks No. 31 R.M. of Reciprocity No. 32 R.M. of Moose Creek No. 33 R.M. of Browning No. 34 R.M. of Benson No. 35 R.M. of Cymri No. 36 R.M. of Lomond No. 37 R.M. of The Gap No. 39 R.M. of Bengough No. 40 R.M. of Willow Bunch No. 42 R.M. of Waverley No. 44 R.M. of Mankota No. 45 R.M. of G. McPherson No. 46 R.M. of White Valley No. 49 R.M. of Antler No. 61 R.M. of Brock No. 64 R.M. of Tecumseh No. 65 R.M. of Griffin No. 66 R.M. of Weyburn No. 67 R.M. of Brokenshell No. 68 R.M. of Norton No. 69 R.M. of Excel No. 71 R.M. of Lk Of The Rivers No. 72 R.M. of Stonehenge No. 73 R.M. of Wood River No. 74 R.M. of Auvernge No. 76 R.M. of Grassy Creek No. 78 R.M. of Wawken No. 93 R.M. of Fillmore No. 96 R.M. of Scott No. 98 R.M. of Caledonia No. 99 R.M. of Elmsthorpe No. 100 R.M. of Terrell No. 101 R.M. of Lake Johnston No. 102 R.M. of Sutton No. 103 R.M. of Gravelbourg No. 104 R.M. of Glen Bain No. 105 R.M. of Whiska Creek No. 106 R.M. of Carmichael No. 109 R.M. of Piapot No. 110 R.M. of Moosomin No. 121 R.M. of Martin No. 122 R.M. of Silverwood No. 123 R.M. of Kingsley No. 124 R.M. of Chester No. 125 R.M. of Montmartre No. 126 R.M. of Francis No. 127 R.M. of Lajord No. 128 R.M. of Bratt's Lake No. 129 R.M. of Redburn No. 130 R.M. of Shamrock No. 134 R.M. of Swift Current No. 137 R.M. of Webb No. 138 R.M. of Gull Lake No. 139 R.M. of Enterprise No. 142 R.M. of Rocanville No. 151 R.M. of Spy Hill No. 152 R.M. of Elcapo No. 154 R.M. of Wolseley No. 155 R.M. of Indian Head No. 156 R.M. of Edenwold No. 158 R.M. of Sherwood Park No.159 R.M. of Pense No. 160 R.M. of Moose Jaw No. 161 R.M. of Caron No. 162 R.M. of Chaplin No. 164 R.M. of Morse No. 165

R.M. of Excelsior No. 166 R.M. of Pittville No. 169 R.M. of Fox Valley No. 171 R.M. of Langenburg No. 181 R.M. of Fertile Belt No. 183 R.M. of Grayson No. 184 R.M. of N. Qu'Appelle No. 187 r.M. of Lumsden No. 189 R.M. of Dufferin No. 190 R.M. of Marquis No. 191 R.M. of Eyebrow No. 193 R.M. of Enfield No. 194 R.M. of Churchbridge No. 211 R.M. of Saltcoats No. 213 R.M. of Cana No. 214 R.M. of Stanley No. 215 R.M. of Tullymet No. 216 R.M. of Lipton No. 217 R.M. of Cupar No. 218 R.M. of McKillop No. 220 R.M. of Craik No. 222 R.M. of Huron No. 223 R.M. of Victory No. 226 R.M. of Lacadena No. 228 R.M. of Miry Creek No. 229 R.M. of Happyland No. 231 R.M. of Deer Forks No. 232 R.M. of calder No. 241 R.M. of Wallace No. 243 R.M. of Garry No. 245 R.M. of Ituna B. Accord No. 246 R.M. of Kellross No. 247 R.M. of Last Mtn Valley No. 250 R.M. of Big Arm No. 251 R.M. of Arm River No. 252 R.M. of Loreburn No. 254 R.M. of Coteau No. 255 R.M. of Snipe Lake No. 259 R.M. of Newcombe No. 260 R.M. of Chesterfield No. 261 R.M. of Sliding Hills No. 273 R.M. of Good Lake No. 274 R.M. of Insinger No. 275 R.M. of Foam Lake No. 276 R.M. of Emerald No. 277 R.M. of Mount Hope No. 279 R.M. of Wreford No. 280 R.M. of Rosedale No. 283 R.M. of Pleasant Valley No. 288 R.M. of Kindersley No. 290 R.M. of Milton No. 292 R.M. of Keys No. 303 R.M. of Buchanan No. 304 R.M. of Elfros No. 307 R.M. of Big Quill No. 308 R.M. of Prairie Rose No. 309 R.M. of Usborne No. 310 R.M. of Morris No. 312 R.M. of Lost River No. 313 R.M. of Dundurn No. 314 R.M. of Montrose No. 315 R.M. of Harris No. 316 R.M. of Marriott No. 317 R.M. of Mtn View No. 318 R.M. of Winslow No. 319

R.M. of Oakdale No. 320 R.M. of Prairiedale No. 321 R.M. of Antelope Pk No. 322 R.M. of Sasman No. 336 R.M. of Lakeview No. 337 R.M. of Lakeside No. 338 R.M. of LeRoy No. 339 R.M. of Wolverine No. 340 R.M. of Viscount No. 341 R.M. of Colonsay No. 342 R.M. of Blucher No. 343 R.M. of Corman Park No. 344 R.M. of Vanscoy No. 345 R.M. of Perdue No. 346 R.M. of Biggar No. 347 R.M. of Grandview No. 349 R.M. of Progress No. 351 R.M. of Heart's Hill No. 352 R.M. of Kelvington No. 366 R.M. of Spalding No. 368 R.M. of St. Peter No. 369 R.M. of Humboldt No. 370 R.M. of Bayne No. 371 R.M. of Grant No. 372 R.M. of Aberdeen No. 373 R.M. of Glenside No. 377 R.M. of Rosemount No. 378 R.M. of Reford No. 379 R.M. of Grass Lake No. 381 R.M. of Eye Hill No. 382 R.M. of Hudson Bay No. 394 R.M. of Pleasantdale No. 398 R.M. of Lake Lenore No. 399 R.M. of Hoodoo No. 401 R.M. of Fish Creek No. 402 R.M. of Rosthern No. 403 R.M. of Laird No. 404 R.M. of Great Bend No. 405 R.M. of Buffalo No. 409 R.M. of Round Valley No. 410 R.M. of Senlac No. 411 R.M. of Star City No. 428 R.M. of Flett's Springs No. 429 R.M. of Blaine Lake No. 434 R.M. of Redberry No. 435 R.M. of Douglas No. 436 R.M. of Cut Knife No. 439 R.M. of Hillsdale No. 440 R.M. of Manitou Lake No. 442 R.M. of Arborfield No. 456 R.M. of Birch Hills No. 460 R.M. of Prince Albert No. 461 R.M. of Turtle River No. 469 R.M. of Paynton No. 470 R.M. of Eldon No. 471 R.M. of Wilton No. 472 R.M. of Moose Range No. 486 R.M. of Nipawin No. 487 R.M. of Torch River No. 488 R.M. of Garden River No. 490 R.M. of Buckland No. 491 R.M. of Parkdale No. 498 R.M. of Mervin No. 499 R.M. of Frenchman Butte No. 501 R.M. of Britannia No. 502

Contact Information

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by: Bízetto